

## Services for Parent

- Individual and group therapy
- Socialization groups
- Homework support during parent groups



*“A family that supports one another thrive.”*

Contact us for more information:

Far Northern Regional Center

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BUTTE COUNTY

Far Northern Regional Center

# FAMILY WELLNESS PROGRAM

Family wellness addresses the whole family to improve outcomes for young children through networking, training, and other support services.



Colocated programs to streamline systems and breakdown barriers.



## Services for Families

### Parent Supports:

- Family Focus Groups

### Parent Trainings:

- Parent Networking
- Parent Cafe
- Developmental Milestones
- Processing Grief
- ACES
- Family Guided Planning

### Family Wellness Nights:

- Childcare
- Family Style Meals
- Therapy Sessions
- Networking
- Training



## Services for Child

- High quality early childhood experiences
- Socialization groups
- Small cohort behavior groups



## Siblings

- Sibling support & homework assistance.
- Games
- Free play
- Social Emotional Supports